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## **DALLAS BLACK DANCE ACADEMY PROGRAM ENRICHES DANCE STUDENTS**

Dallas, Texas – **Dallas Black Dance Academy** completed its 28th year of providing a **Summer Enrichment Youth Dance Workshop**. This summer 71 students learned both dance and life skills, thanks to a program that was supported in part by **The Hersh Foundation**, the **Texas Commission on the Arts**, and the **Rosemary Hagggar Vaughan Family Foundation**. For six hours each day, boys and girls, ages 7-13 who have previous dance training, worked with professional DBDT dancers to improve their ballet, modern, jazz/hip-hop, and African dance technique.

In addition, participants benefited from enrichment discussions by community leaders and health professionals. **Dr. Brenda Richardson**, LPC, with Harmony Counseling Center, talked to the students about “Bullying & Teen Suicide,” while **Von Eaglin**, LPC, at the Preston Place Counseling Center, had the students “Thinking About What You’re Thinking About.” **Laura Abbott Coan**, LPC, from the Lifeworks Counseling Center, helped the students with “Mindfulness & Body Awareness” and **DeWone Bennett**, LPC, from the Preston Place Counseling Center, talked to the students about “Self Awareness & Keeping Your Cool.” The three-week program ended with the students showcasing their talents during two recitals for family and friends held at DBDT studios in the Dallas Arts District.

**Dallas Black Dance Academy**, the official school of **Dallas Black Dance Theatre**, is celebrating 45 years of delivering dance instruction to a community of diverse backgrounds. 550 students, ages four to adult, participate weekly in 50 dance classes of ballet, jazz, tap, modern, and African at DBDT studios. The academy has three performing ensembles: **Allegro Performing Ensemble** (DBDT's premier academy ensemble), **Senior Performing Ensemble**, and **Junior Performing Ensemble**. For more details visit [www.DBDT.com](http://www.DBDT.com) and [www.dbdt.com/academy](http://www.dbdt.com/academy).



*Dallas Black Dance Academy Summer Enrichment students showcased their talents during a recital.*



*Dallas Black Dance Academy Summer Enrichment students carefully watch DBDT dancer Sierra Noelle Jones demonstrate a technique with a classmate.*



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